

Your Guide To Possible CRPS/RSD Service Dog Tasks

Ways a service dog could work to prevent or greatly reduce the effects of various common CRPS symptoms and impacts, thus mitigating a person's disability by keeping pain more stable, increasing independence, & improving quality of life and functionality overall. Tasks could span any type of service dog support; not limited to mobility.



**Not a complete list, as there is a great amount of possible task combinations, and what each dog does is entirely dependent on an individual's needs and each dog's abilities.*

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"During a severe pain flare, it's harder for me to think clearly and function normally."

- Alert friend, family, or caregiver at home/in public that I need help
- Track & guide me back to person if we get separated in public
- Find a store exit or place to rest
- Bring medication
- Find & bring items I need

"I worry about falling & not being able to get up. I fall often due to pain & weakness."

- Get off floor safely when falls happen
- Brace to help rise from seated or get out of tub/shower
- Prevent falls with emergency stabilization
- Provide Counter-Balance Assistance to stabilize in motion & when standing

"My arms get really tired and painful when I do repetitive movements. Afterwards, I can barely use them"

- Assist with laundry; transfer clothes to a basket, load machines, bring me clothes
- Load the dishwasher
- Move around house with me, picking up various items to help tidy up rooms

"Hand tremors, pain, & stiffness make me drop things often and make it hard to get things I need."

- Pick up what is dropped
- Carry items harder to hold
- Open fridge to get drink or snack, and other times
- Assist with shopping; put items in cart

